

WHO WE ARE

Alpha Minds Services and TMS offer mental health services for children and adolescents, and for adults providing cutting-edge treatment services including Esketamine (Spravato) and TMS (Transcranial Magnetic Stimulation) backed by the latest research.

OUR MISSION

Bridging the gap in mental health care. Making support accessible, compassionate, and stigma-free.

OUR VISION

To elevate mental health standards and unlock the potential within every mind we serve.

HOW WE TREAT



CHILD AND ADOLESCENT SERVICES-MEDICATION MANAGEMENT:

Our PMHNP together with her collaborating psychiatrist works closely with children aged 5 years and above for psychiatric evaluation and medication management.



TMS THERAPY:

Transcranial Magnetic Stimulation (TMS) is a non-invasive treatment for MDD, anxious depression, and OCD that uses targeted, magnetic pulses to activate lower-functioning brain regions that regulate mood, behavior, and emotion. NeuroStar Advanced TMS Therapy is a treatment for both adults with MDD, anxious depression, or OCD and adolescents aged 15+ with MDD.



SPRAVATO:

Spravato (esketamine) is a nasal spray used in conjunction with an oral antidepressant, for the treatment of adults with treatment-resistant depression.



OTHER SERVICES:

Though psychotherapy services are not on-site, our team closely work with psychotherapists and psychologists in the tri-city area to help patients explore feeling, beliefs, behaviors and set personal goals.



ALPHA MINDS SERVICES AND TMS

"ELEVATE YOUR MIND, UNLOCK POTENTIAL"

WHAT WE DO:



Child and Adolescents Services



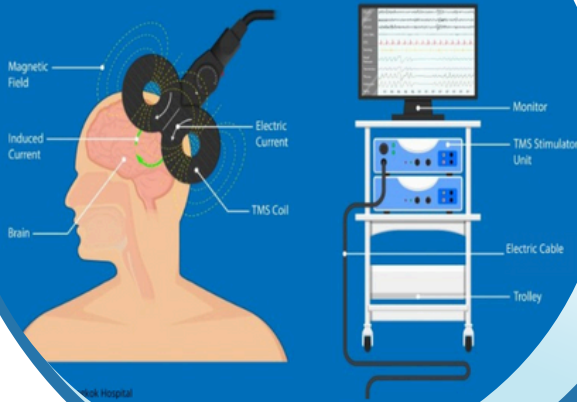
Spravato






TMS therapy for adolescents and adults.



Transcranial Magnetic Stimulation (TMS)



WHAT WE DO

-  **CHILD AND ADOLESCENTS SERVICES**
-  **SPRAVATO - SERVICE ONLY - COORDINATING WITH REFERRING PROVIDERS INCLUDING - Saturday services.**
-  **TMS THERAPY FOR ADOLESCENTS & ADULTS. TMS - SERVICE ONLY - COORDINATING WITH REFERRING PROVIDERS. TMS SERVICE STARTING SEPTEMBER 2025, BOOK YOUR CONSULTATION TODAY.**

WE ACCEPT MOST INSURANCES

CONTACT DETAILS

Start your journey to wellness— by connecting with us now!!!



1320 North Michigan Ave., Ste 5,
Saginaw, Michigan 48602.



(989) 906 - 6742



info@alphamindstms.com



<https://alphamindstms.com>

OFFICE

(989) 906 - 6742

SCHEDULE AN APPOINTMENT TODAY!

MONDAYS - THURSDAYS:

7:30 AM - 4:30 PM

FRIDAYS:

Some Availability

SATURDAYS:

**9:00 am - 2:00 pm,
(Spravato Services)**

